

Śakti Yoga

“The source of all power”

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1	INTRODUCTION	2
2	ŚAKTI YOGA	2
2.1	Formation of Yoga	2
2.2	Description of results	3
2.3	Planets involved with the Śakti Yoga	7
2.4	Quizzes	8
3	ŚIVA YOGA	10
3.1	Formation of Yoga	10
3.2	Description of results	11
3.3	Quizzes	13
4	CONCLUSION	14
	Chart 1: Albert Einstein	4
	Chart 2: Ramana Maḥarṣi	5
	Chart 3: Shankaracharya Chandrashekhara Sarasvati	6
	Chart 4: Adolph Hitler	7
	Chart 5: Quiz Case 1	8
	Chart 6: Quiz case 2	9
	Chart 7: Quiz Case 3	9
	Chart 8: Ramana Maḥarṣi	11
	Chart 9: Srila Prabhupada	12
	Chart 10: Quiz case 4	13
	Chart 11: Quiz case 5	14

1 Introduction

Śakti means; the female organ (as worshipped by the Śakta sect either actually symbolically). It also refers to the consort of the Gods, i.e. Brahma's spouse is called Brahma-Śakti and Viṣṇu's spouse is called Viṣṇu-Śakti. As the Śakti of the deity is the actual power, i.e. their Śakti is their strength. Śakti also means energy, ability, power, etc. Hence the worship of Śakti is supposed to bring light on the real power, as far as calling the deity is concerned.

Because the Śakti is said to give you the right direction always¹, the imbibing of a mantra in the feet is known as Mantra-Śakti Nyāsa, or the imbibing of the Mantra Śakti.

For knowledge and realization the Śakti is very important. It is for this reason that the main Śakti worship in India revolves around the 10 forms of Śakti known as; Mahavidya (great/supreme-knowledge).

Thakur² understood this principle and hence the entire Ramakrishna movement revolves around the worship of the mother as the Mahāvidyā... Only your mother knows who your father is!

This article tries to spread some light on the power of the Śakti Yoga, and its various forms.

2 Śakti Yoga

2.1 Formation of Yoga

*Jaimini Upadesa Sutra's 4.1.52-54*³:

"Should Moon and Rahu join or aspect each other in the 5th house (or its trines from either Lagna, or AK) the native will assume the nature of the destroyer of creation."

The result given for this yoga is; "kāla rūpa" meaning "dark manifestation", some say the specific color is that of Nīla or dark blue, resembling the Tamas Guṇa.

This form of the destroyer or Tamas-Guṇa is called Nīla Śakti, as per Pārāśara.

Pārāśara⁴ states that 3 primary Śakti preside over the manifest and un-manifest universe. These are;

- Sri Śakti - Arising from Sattva Guṇa (Also known as Lakṣmī)
- Bhū Śakti – Arising from Rajas Guṇa (Also known as Sarasvati)

¹ Gatistvam Gatistvam Tvameka Bhavani.

² Ramakrishna Paramahansa.

³ मातारि शोकः ॥ रविकेतुभ्यां शिवे भक्तिः ॥ चन्द्रागु दृग्योगान्निश्चयेन ॥ स्वमूर्ति पुरुषे काल रूपः ॥

⁴ व्यक्तातमकस्त्रिभिर्युक्तः कथ्यतेऽनन्तशक्तिमान् । सत्त्वप्रधाना श्रीशक्तिर्भुशक्तिश्चरजोगुणा ॥ शक्तिस्तृतीया या प्राक्ता नीलाख्या ध्वान्तरूपिणी । वासुदेवश्चतुर्थोऽभूच्छ्रीशक्त्या प्रेतिरो यदा ॥

- Nīla Śakti – Arising from Tamas Guṇa (Also known as Pārvatī)

Notably the last mention Śakti is the focal point of this discussion.

A person possessed with Śakti, is called; Śakti-mat. A Śakti-mat is described as follows;

- Possessed of ability
- Powerful
- Mighty
- Possessing a competence
- One who has gained a fortune
- Possessed of or united with his Śakti or energy (as a god).
- Armed with a spear or lance.

Specifically the latter interpretation; *Armed with a spear or lance* – clearly depicts the native having the power of Nīla Śakti under his/her belt.

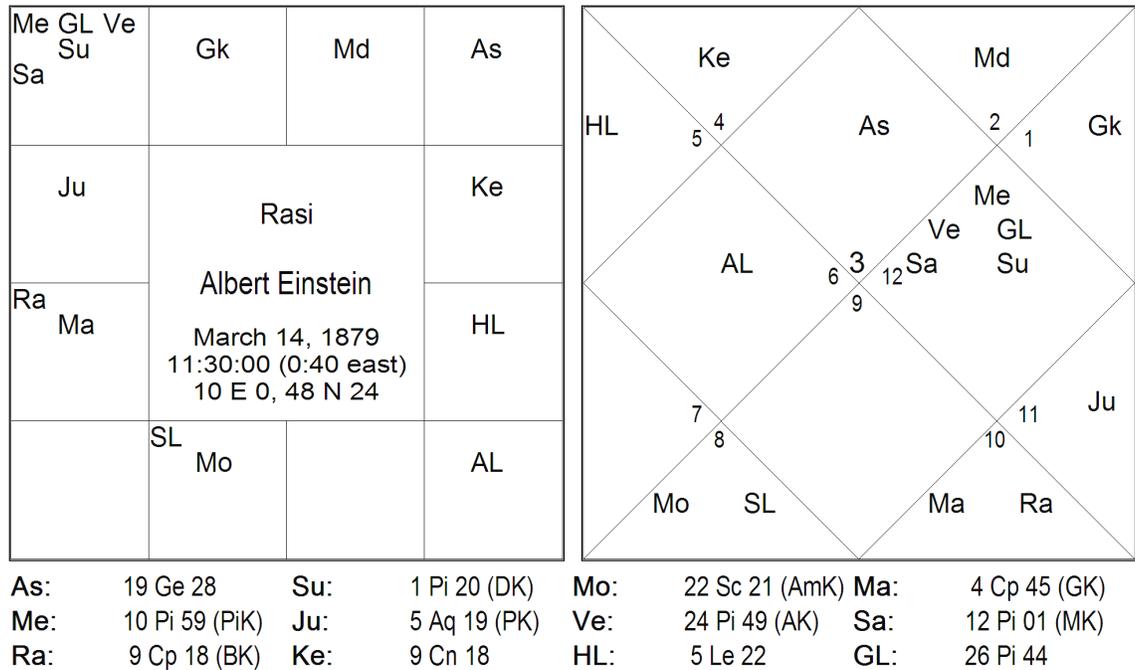
Hence; it is only adequate that the tradition has taught that this Yoga also goes by the name; **Śakti Yoga**.

2.2 Description of results

Whilst the Rahu + Moon conjunction/mutual aspect occurs 4 times a month, the Śakti Yoga will not come to the native unless the Yoga joins/aspects the trines to either the Lagna or the Atmakāraka.

- If the Śakti Yoga joins/aspects the trines to Lagna, the native will have a direct influence on the practice of the Śakti Yoga.
- If the Śakti Yoga joins/aspects the trines to Atmakāraka, the native will be driven to involve in the events carrying forth the Śakti Yoga, but will not make a conscious decision to get involved, if the lagna is not in trines.

Chart 1: Albert Einstein



The chart of Albert Einstein is given.

Whilst neither Rahu nor Moon join/aspect the trines to Lagna, Śakti Yoga is formed in the 9th from Atmakāraka, due to Moon placed in Scorpio and aspected by Rahu from Capricorn. Rahu is furthermore joined an exalted Mars, causing a highly volatile combination for destructive weapons and wars.

It was not Einsteins intent that the discovery of the science of the atom, became used as a weapon to fight wars, yet due to the Atmakāraka’s position, he was involved in the making of the same. His own dharma is seen from the 9th house occupied by Jupiter, showing a peace loving and good person, who would never pursue the act of war, or the destruction of life.

Because the Śakti Yoga is joined Mars, the creation and deployment of the nuclear bomb ended the 2nd world war for the Americans. However due to Rahu’s 2nd house dṛṣṭi on Jupiter, this resulted in the destruction of life as well.

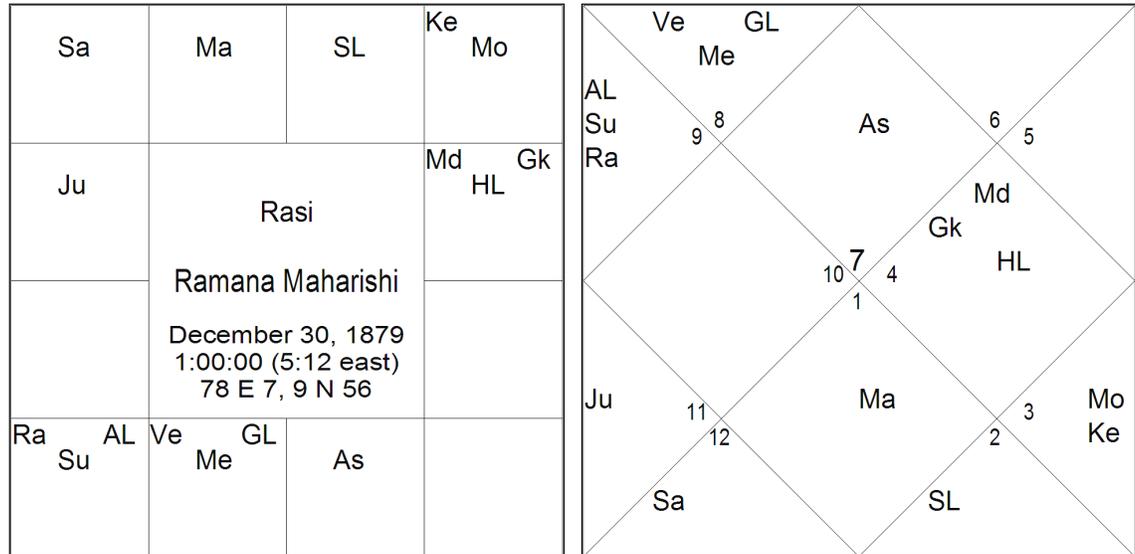
In case of a Śakti Yoga caused by the placement of either Moon or Rahu in either of the trines, invariably only one of Rahu or Moon will be in the trines to Lagna/Atmakāraka.

- If Rahu is in the trines, the native will definitely carry out the effects of the Śakti Yoga, in its most destructive form, especially if it’s placed in the 9th house⁵.

⁵ The Marana Karaka Sthāna for Rahu, is the 9th house, causing wrong direction or fall in dharma.

- If Moon is in the trines, *without the junction of Rahu*, the Yoga will have a milder power in the chart, and the native's destructive nature will be mainly due to some bad childhood experiences⁶.

Chart 2: Ramana Mahaṛṣi



As:	0 Li 58	Su:	15 Sg 36 (PK)	Mo:	28 Ge 24 (AK)	Ma:	21 Ar 58 (BK)
Me:	23 Sc 07 (AmK)	Ju:	16 Aq 30 (PiK)	Ve:	0 Sc 29 (DK)	Sa:	17 Pi 04 (MK)
Ra:	23 Sg 55 (GK)	Ke:	23 Ge 55	HL:	5 Cn 25	GL:	6 Sc 19

The given chart, is that of Śri Ramana Mahaṛṣi.

In the given chart, the Moon is in the 9th house, and as a result, the involvement of Rahu can cause Śakti Yoga. However as Moon is placed in the 9th house, the result will be mild, as the native will have a very compassionate nature towards the world. Also Ketu's junction on Moon dominates the results of the Yoga, and causes Grahana Yoga, which can lift a person to a very high level of realization. There is no Śakti Yoga in this chart, however the effects of a troubled childhood did come to pass, with the early demise of the native's father (Sun).

The Varga, in which the Śakti Yoga occurs, is important in delineating the strength and influence of the Śakti Yoga in the chart.

- If the Yoga doesn't occur in the Navamśa chart, the native will not have the power of the Śakti, yet events showing the destructive force of the Śakti Yoga will occur in the native's life.
- If the Yoga occurs in a Varga chart other than the Navamśa, the Śakti Yoga will not be strong, and will only be related to the part of life indicated by the Varga.

⁶ Moon is the important planet for judging the natives growth from the age 0-12 (some say 10). This is the span of Bālariṣṭa.

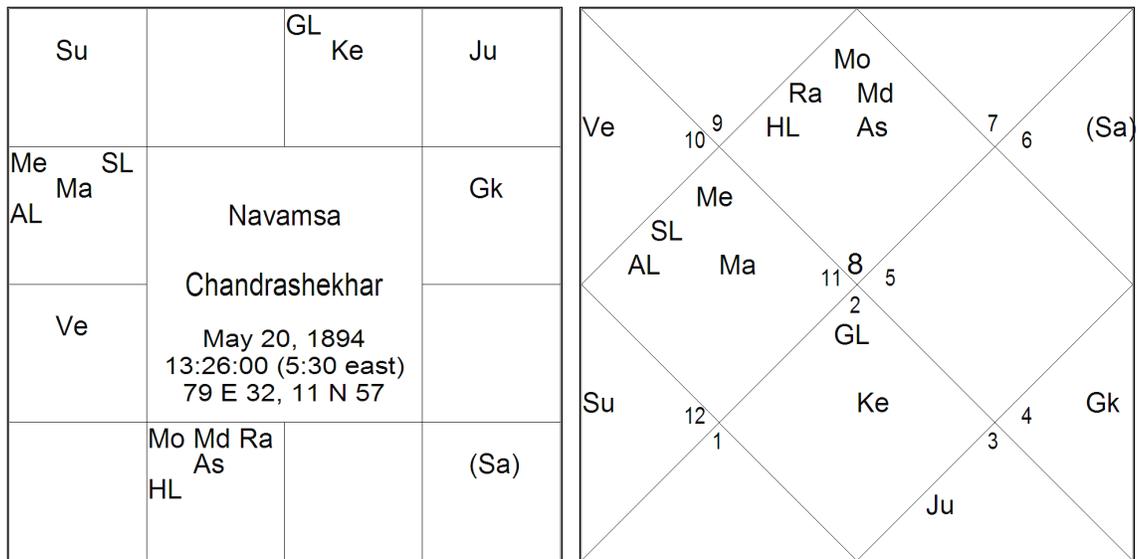
- If the Yoga occurs in the Rāśi, the Śakti Yoga will influence all parts of the native's life.

Among the trines, the 9th house should be given **highest** importance as it will show the dharma the native will follow. If Moon and Rahu have Rāśi dr̥ṣṭi on the 9th house, then the native will follow the dharma of the Śakti Yoga.

The Śakti Yoga may not merely derive evil/malefic results in the chart. The essence of the Śakti Yoga is to have the power to eliminate specific influences in our lives. Whether this act of elimination is for the good of the native/mankind, or not, depends on the involvement of the Śakti Yoga with other Grahas.

- If the Śakti Yoga involves benefic's⁷, the native will destroy the good qualities of humanity.
- If the Śakti Yoga involves malefic's⁸, the native will destroy the evil/wrong qualities of humanity.

Chart 3: Shankaracharya Chandrashekhara Sarasvati



As: 24 Le 10	Su: 6 Ta 53 (GK)	Mo: 14 Sc 03 (PK)	Ma: 14 Aq 49 (MK)
Me: 6 Ta 28 (DK)	Ju: 17 Ta 58 (BK)	Ve: 22 Pi 12 (AmK)	Sa (R): 26 Vi 51 (AK)
Ra: 15 Pi 25 (PiK)	Ke: 15 Vi 25	HL: 24 Sg 17	GL: 5 Sg 52

The given chart is of HH Śri Chandrashekhara Sarasvati.

The Navāṁśa is given, housing Moon and Rahu in the Navāṁśa Lagna, causing the Śakti Yoga. This shows that the Shankaracharya was a very forceful person in his tapasya, and would have saught to some near-destructing practices.

⁷ Jupiter, Venus and Mercury are the benefic's.

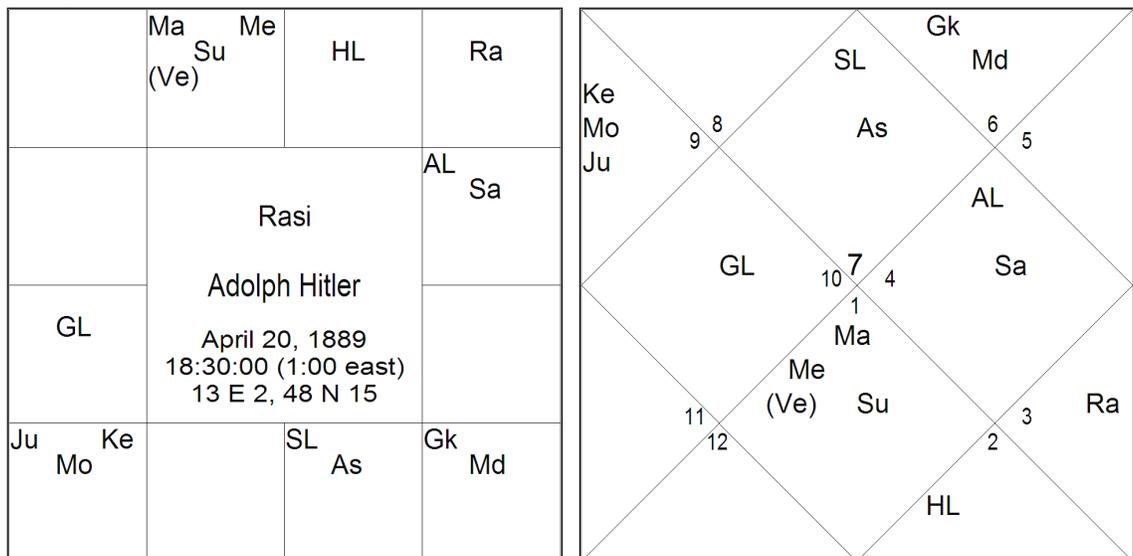
⁸ Sun, Mars and Saturn are the malefics.

The Graha's aspected by Rahu will be affected by its evil. Sun receives the Graha Dṛṣṭi of Rahu and shows the destruction of ego, leading to a very high level of self-realization.

2.3 Planets involved with the Śakti Yoga

- If Jupiter is involved in the Śakti Yoga, the native will be a destroyer of lives. The native may be responsible for mass-deaths/ethnic cleansing.
- If Venus is involved, the native will dislike and/or tarnish/disgrace beauty. I.e. through the opposite sex. The native will not be able to keep relationships.
- If Mercury is involved due to the native's anger, the native will lose their sense of discrimination and has a tendency towards madness.
- If Sun is involved the native will be able to remove any sign of egoism from their being. This will lead to self realization.
- If Mars is involved, the native will practice non-violence, and will be devoid of anger.
- If Saturn is involved, the native will use their Śakti to burn away all sin and all sorrow from their lives.

Chart 4: Adolph Hitler



As: 2 Li 56	Su: 8 Ar 30 (PK)	Mo: 14 Sg 15 (PiK)	Ma: 24 Ar 05 (AmK)
Me: 3 Ar 22 (DK)	Ju: 15 Sg 56 (MK)	Ve (R): 24 Ar 23 (AK)	Sa: 21 Cn 09 (BK)
Ra: 23 Ge 45 (GK)	Ke: 23 Sg 45	HL: 16 Ta 07	GL: 13 Cp 20

Adolph Hitler's chart is given herewith.

Hitler's chart has a 9th house occupied by Rahu. In the 9th house is a highly undesirable place, as it ruins a person's direction in life and tends to make the person

doubt guru's and advisors. An exception to such cases is those with Rahu as Atmakāraka, where Rahu begins to act like the Sun, and will eventually protect the dharma and direction of the individual.

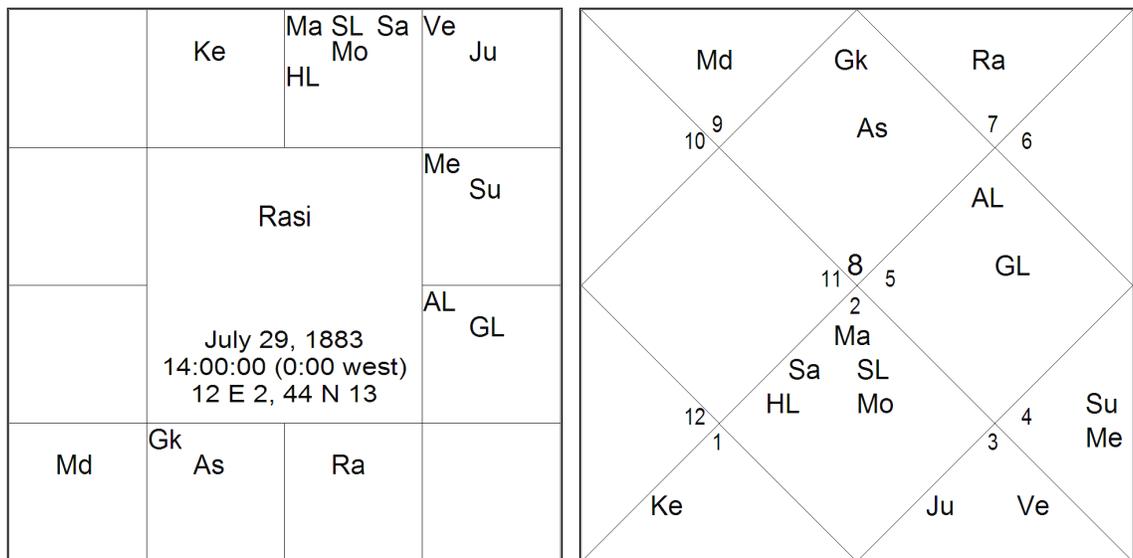
Additionally Rahu is aspected by the Moon in Sagittarius, forming Śakti Yoga. As Jupiter is aspected by Rahu it caused the end of many lives (Jupiter being Jeeva – life).

2.4 Quizzes

In each of the cases the following questions must be answered:

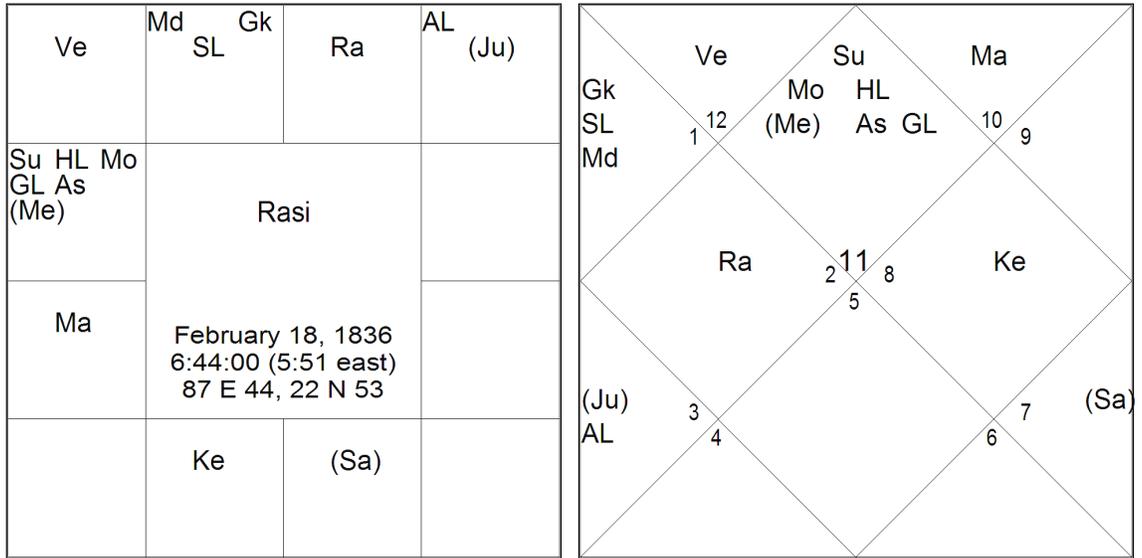
1. Is there Śakti Yoga in the chart?
2. What is the primary direction/dharma of the given chart?
3. If there is Śakti Yoga, which parts of life are getting destroyed/ruined?

Chart 5: Quiz Case 1



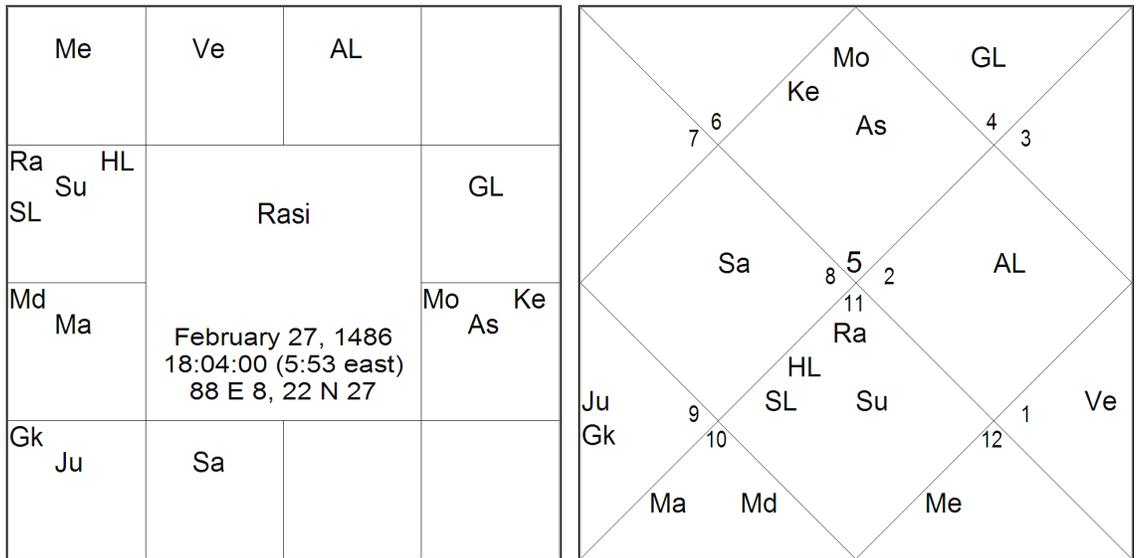
As: 7 Sc 54	Su: 13 Cn 50 (GK)	Mo: 17 Ta 26 (MK)	Ma: 20 Ta 56 (BK)
Me: 13 Cn 23 (DK)	Ju: 26 Ge 20 (AmK)	Ve: 29 Ge 22 (AK)	Sa: 15 Ta 20 (PK)
Ra: 14 Li 37 (PIK)	Ke: 14 Ar 37	HL: 13 Ta 12	GL: 12 Le 52

Chart 6: Quiz case 2



As: 9 Aq 42 Su: 6 Aq 54 (DK) Mo: 22 Aq 15 (BK) Ma: 22 Cp 16 (AmK)
 Me (R): 15 Aq 07 (MK) Ju (R): 14 Ge 33 (PiK) Ve: 9 Pi 06 (GK) Sa (R): 13 Li 41 (PK)
 Ra: 2 Ta 54 (AK) Ke: 2 Sc 54 HL: 11 Aq 22 GL: 18 Aq 06

Chart 7: Quiz Case 3



As: 23 Le 04 Su: 22 Aq 12 (AmK) Mo: 19 Le 55 (MK) Ma: 11 Cp 11 (PiK)
 Me: 10 Pi 16 (PK) Ju: 20 Sg 21 (BK) Ve: 4 Ar 59 (GK) Sa: 24 Sc 40 (AK)
 Ra: 26 Aq 37 (DK) Ke: 26 Le 37 HL: 9 Aq 40 GL: 21 Cn 35

3 Śiva Yoga

When we learn about Śakti Yoga and the power of the Nīla Śakti, it becomes equally relevant to speak about the consort, or the one who holds this Śakti, namely Śiva. From a more holistic viewpoint, Śiva is the personification of God as the destroyer (i.e. Rudra), and is the one carrying out the act of ending creations for the sake of the continuance of the rebirth process. The power Śiva wields to do so is known as his Śakti, or Śiva-Śakti, hence he carries out this action through his Śakti.

So whilst Śakti Yoga gives the native the power to destroy, the Śiva Yoga gives the knowledge of destruction and rebirth. The method to ascertain this Yoga is given hereunder.

3.1 Formation of Yoga

Whilst describing various forms of God indicated by the 12th from Kāraṁśa, Maḥarṣi Jaimini (and Pārāśara) state;

रविकेतुभ्यां शिवे भक्तिः ॥

raviketubhyāṁ śive bhaktiḥ ||72||

“The Sun with Ketu (in the 12th from Kāraṁśa) makes one a devotee of Śiva.”

In other words; the union of Sun and Ketu indicates Lord Śiva.

Notably this is the exact opposite of the dictum for Śakti Yoga! In case of Śakti Yoga the cause was the union of Rahu and Moon. Here instead of Rahu we use Ketu and instead of Moon we use Sun to fulfill the Śiva Yoga.

Added to this we find that Jaimini states separately;

केतुना गणेशे स्कन्दे च ॥७९॥

ketunā gaṇeśe skande ca ||79||

“Ketu indicates either Gaṇeśa or Skanda.”

Notably, Ketu is depicted as a Graha without a head, just like Gaṇeśa is depicted in the Puranas.

As the Ṛg Veda states⁹ that Gaṇeśa presides over the Omkara (AUM) it is without doubt that Ketu has similarly been designated as Mokṣa Kāraka and Kāraka of the 12th house.

Sun is the Kāraka of the Lagna and rules the head of the individual. Hence the joining of the Sun and Ketu is said to cause; Śiva Yoga, or the begetting of knowledge of Śiva, just as Gaṇeśa was given a new head by Śiva (who happened to be his father – the Sun).

Following are the other meanings of the word; Śiva:

⁹ गणानां त्वा गणपतिं हवामहे कविं कवीनामुपमश्रवस्तमम् । ज्येष्ठराजं ब्रह्मणां ब्रह्मणस्पत आ नः श्रणवन्नृतिभिः सदि सादनम् ॥

- in whom all things lie¹⁰
- auspicious, propitious, favorable
- gracious, benign, kind, benevolent, friendly, dear¹¹
- liberation, final emancipation¹²

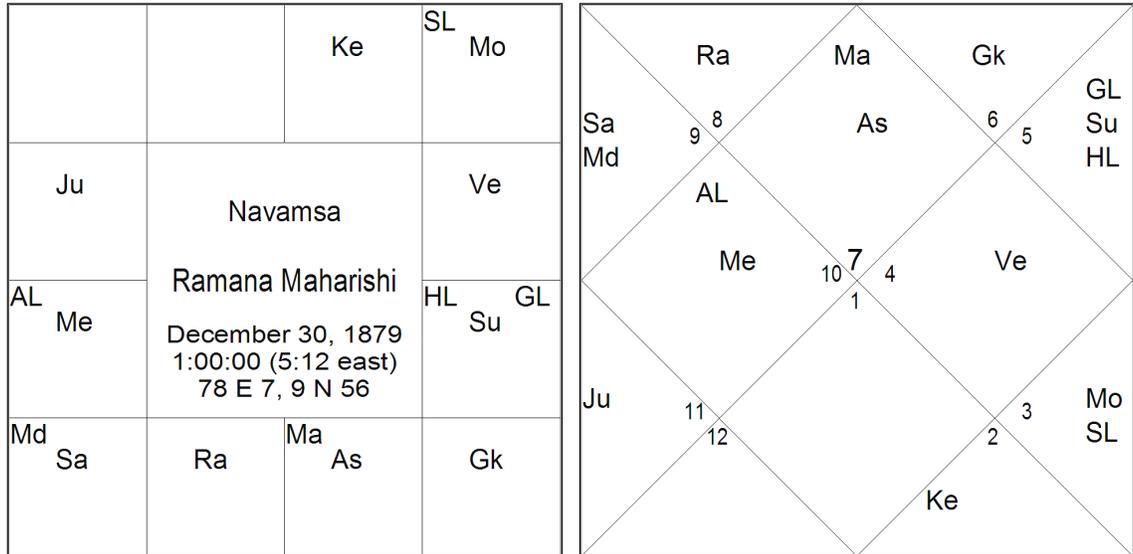
This Yoga mainly causes a high level of knowledge. Whether it be presided upon by the native themselves, or the native follows, or deals with such knowledge, depends on the position of the Yoga in the chart.

3.2 Description of results

The principle of judging the effects of the Yoga are similar to that indicated by the Śakti Yoga. However whilst the Śakti Yoga indicates a very dark form of God, the Śiva Yoga causes a lot of peace and contentment just like Śiva.

- For a native to be knowledgeable like Śiva, the Yoga must occur in the Kārakāṁśa.
- If the Yoga happens elsewhere, the native merely practices the teachings of Śiva but may not have the same level of knowledge.

Chart 8: Ramana Mahaṛṣi



As:	0 Li 58	Su:	15 Sg 36 (PK)	Mo:	28 Ge 24 (AK)	Ma:	21 Ar 58 (BK)
Me:	23 Sc 07 (AmK)	Ju:	16 Aq 30 (PiK)	Ve:	0 Sc 29 (DK)	Sa:	17 Pi 04 (MK)
Ra:	23 Sg 55 (GK)	Ke:	23 Ge 55	HL:	5 Cn 25	GL:	6 Sc 19

The given chart is the Navāṁśa of Ramana Mahaṛṣi one of the saints produced from Arunachala.

¹⁰ Just as Śiva is fully knowledgeable about the universe, a person with Śiva Yoga will be fully aware of the various divisions of life.

¹¹ Śiva is said to be the boon giver, and is one who is easily satisfied by the prayers of his devotees.

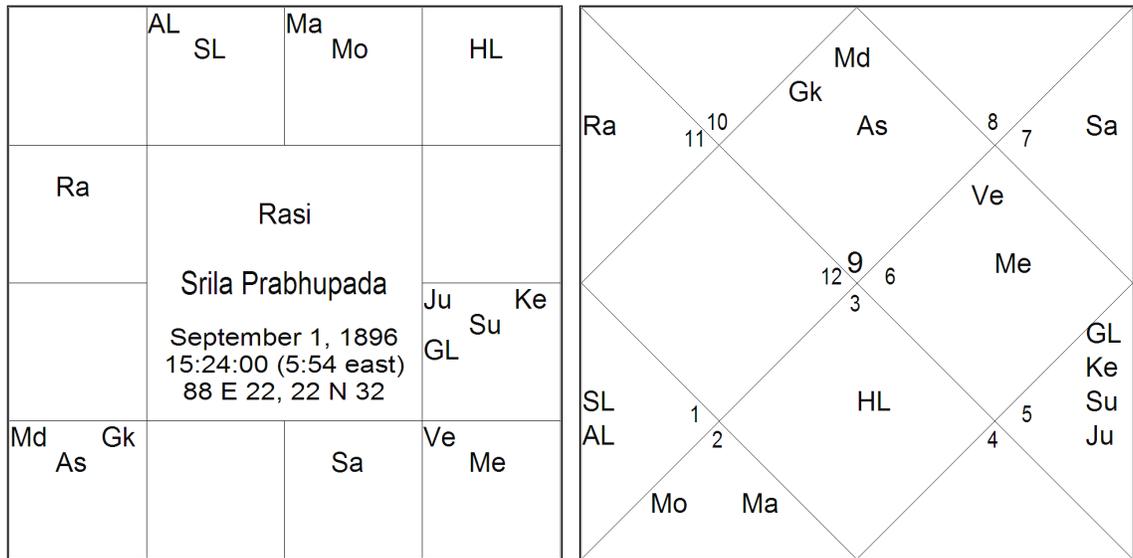
¹² Śiva Yoga can grant emancipation, provided the Yoga joins the Kārakāṁśa or its 12th house.

Kārakāṁśa is Gemini, and the 5th from it is Libra, which is occupied by Mars, aspected by Sun and Ketu which is forming Śiva Yoga. As this happens on the lagna the native is bringing a high level of knowledge from the past life with them.

Notably it was during Sun Antara Dasa (Saturn Mahā Dasa), that the saints spiritual life started, and he experienced many revelations about himself and the universe.

- If the Yoga occurs in the Rāśi, the Śakti Yoga will influence all parts of the native’s life.
- Among the trines, the 9th house becomes the most important, as it will show the path the native follows in life, and the path of Śiva is the spreading of the highest knowledge.

Chart 9: Srila Prabhupada



As:	28 Sg 13	Su:	16 Le 59 (MK)	Mo:	27 Ta 46 (AmK)	Ma:	16 Ta 56 (PiK)
Me:	11 Vi 06 (PK)	Ju:	2 Le 02 (GK)	Ve:	1 Vi 46 (DK)	Sa:	21 Li 47 (BK)
Ra:	1 Aq 10 (AK)	Ke:	1 Le 10	HL:	5 Ge 15	GL:	18 Le 14

The given chart is of HH Srila Prabhupada, the founder of ISCKON.

Notably the 9th house is occupied by 3 planets, which can be either a blessing or a curse, depending on the planets involved in the Yoga. Sun and Ketu are joined in the 9th house, showing that the native has Śiva Yoga, and will be involved in spreading the highest truth of spirituality to the world. As Lagna lord is involved this will definitely happen. It was the prediction of a wise astrologer, that at the age of 50 (Suns natural year) the native will build temples (4th lord in 9th with the Śiva Yoga).

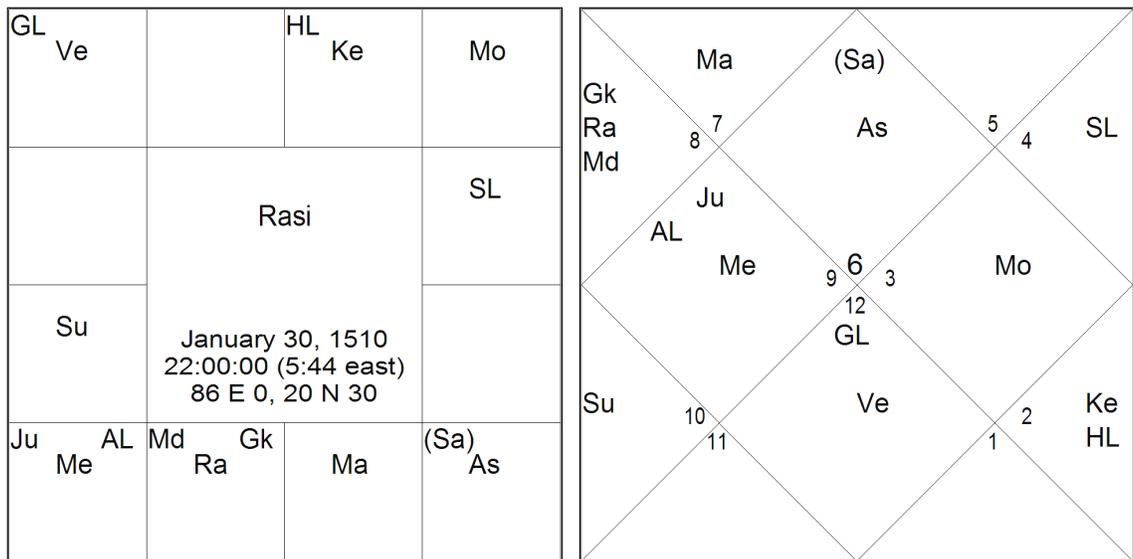
As the Śiva Yoga is joined the Lagna lord, the native (lagna) will build temples (9th house) to worship Vishnu...

3.3 Quizzes

The following questions must be answered with each chart;

1. Is there Śiva Yoga in the given chart(s).
2. Is the path of the Śiva Yoga a conscious one in the given charts, or an unconscious one?
3. Which type of knowledge is the Śiva Yoga indicating in the given charts?
How is it manifesting?

Chart 10: Quiz case 4



As: 21 Vi 19	Su: 23 Cp 01 (AmK)	Mo: 4 Ge 17 (GK)	Ma: 12 Li 15 (PK)
Me: 28 Sg 08 (AK)	Ju: 22 Sg 05 (BK)	Ve: 2 Pi 23 (DK)	Sa (R): 20 Vi 60 (MK)
Ra: 13 Sc 37 (PiK)	Ke: 13 Ta 37	HL: 1 Ta 20	GL: 29 Pi 47

